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NAIL AVULSION – POST PROCEDURE CARE

SUPPLIES

1. Hydrogen Peroxide
2. 1-inch Band Aids
3. Q-Tips
4. Antibiotic Ointment* (Neosporin or Triple Antibiotic)
5. Pain Management OTC Medication
 - a. Advil (Ibuprofen)
 - b. Aleve (Naproxen)
 - c. Tylenol (Acetaminophen)
6. Epsom Salt

INSTRUCTION

1. Keep the procedure site and the bandage dry, stable and intact for 24 Hours a day. To remove the dressing, soak it in Salt water to make it easier to release from the toe.
2. Remove the bandage and clean the sides of the nail border with Hydrogen Peroxide using the Q-Tips.
3. Dry the toe. Apply Antibiotic ointment* & then apply the band aid lightly over the area.
4. Repeat steps #2 & #3 daily for one week
5. It is normal for the wound to drain a CLEAR liquid for a few days. DO NOT worry if you see a little drainage from the wound.
6. For pain management, please take over the counter Advil, Aleve, Tylenol or medication prescribed by the doctor as directed.
7. If there is **REDNESS** coming from the toe towards the foot or **RED STREAKS** past the knuckle area of the toe, please contact the doctor's office

* Patients with allergies to Neosporin may use Bacitracin or Polysporin instead